#### REQUESTING VA CHAPLAIN CARE:

Enrolling a Veteran and/or family members is as simple as asking a VA provider to enter a **Chaplain CVT Telehealth Consult** request or calling the VA Chaplain Service directly at 423-926-1171, ext. **2485**.





MOUNTAIN HOME VA HEALTHCARE SYSTEM

Chaplain Service (125) PO Box 4000 Corner of Lamont & Veterans Way Mountain Home, TN 37684

Phone: 423-926-1171, ext. 2485 Fax: 423-979-2705

Updated: 01-11-2018



# INFORMATION FOR PROVIDERS, VETERANS, & FAMILY MEMBERS

Working to Understand and Promote Health of Body, Mind and Spirit.



Mountain Home VA Healthcare System Chaplain Service (125) Office: 423-926-1171, ext. 2485

### About Chaplain Support:

#### VA Chaplains are:

- Professionals who care about people. They know life involves times of spiritual and emotional distress.
- Ready to serve the needs of Veterans, family members, and friends who may be lonely, worried, and hurting.
- Committed to providing spiritual and emotional support according to need and particular religious, spiritual, or philosophical traditions.
- Available for appointments and consults via Telehealth to VA Contract Nursing Home facilities.

VA Chaplains are clinically trained, direct care providers. They are critical members of the treatment team.

VA Chaplains offer clinically based pastoral counseling, spiritual guidance, emotional support, and relational care in individual and group settings. **VA Chaplains** are available to all Veterans regardless of religious, spiritual, or philosophical affiliation.

**VA Chaplains** can help a Veteran find a Pastor, Priest, Rabbi, Native American, Muslim, or other religious or spiritual leader in the community.

The Chaplain consultants are experienced in providing care to Veterans and their families coping with:

- PTSD
- Mental/Emotional Health Concerns
- Addictions
- Hospice and Palliative Care
- Cancer
- Bereavement
- Other Life Altering and Limiting Diagnoses
- Family/Partner Relational Problems

## **Religious and Spiritual Needs:**

Pastoral Counseling and Spiritual Care has been shown to be effective in addressing:

- Military/combat related moral struggles
- Guilt, Remorse, Regret
- Shame, Humiliation
- Grief, Loss
- Anger
- Loss of Meaning or Sense of Purpose
- Doubts, Disbelief
- Feeling Abandoned by God
- Worry About Death, Fear of Dying
- Changes in Relationship with Others
- End-of-Life Concerns

