



### After-Action Report: Question, Persuade, Refer Gatekeeper training (QPR), May 10, 2017

1. Vet to Vet Tennessee (V2VT) and the Knoxville Regional Veterans Mental Health Council provided QPR training to the University of Tennessee Medical Center staff, Knoxville, Tennessee. Diana Goad, UTMC Case Management Manager and Air Force veteran hosted the event.
2. The program was specifically designed to partner with Medical and Mental Health Care providers who are interested in learning more about veterans and their families. The QPR veteran/first responder specific suicide prevention program teaches professional civilians differences between civilians and veterans/military/first responder ethos.
3. Added new teen ager suicide segment due to recent suicides (3) at Farragut High School, Knoxville, TN.
4. Discussed bullying.
5. Discussed Netflix "13 Reasons Why" teenage suicide TV series. Over 50% knew or viewed the program.
6. The program was conducted by Rev. Dr. Brett Travis, Freddie Owens, Ed Junod and George Howell Jr.
7. The QPR training session was 90 minutes; Ed Junod is a certified QPR Institute QPR Gatekeeper instructor.
8. Training was recorded by the University of Tennessee.
9. Total attendance included:
  - a. 17 females and 4 males
  - b. 2 veterans
  - c. 1 Chaplain
  - d. 3 Security
  - e. 6 OT – Rehab
  - f. 6 RN-CM
  - g. 3 Case management
  - h. 2 SW-CM
  - i. Average age of attendees was 43.9.
  - j. **100%** surveys returned.
  - k. Approximately **45%** acknowledged they know someone who is or was suicidal.
  - l. First suicide prevention training for **91%** of the attendees.
10. QPR certificates were distributed after training.

#### Course comments:

1. *"Great job and very excellent presentation. Very moving"*
2. *"Great use of personal experiences"*
3. *"All professionals should take this training yearly"*
4. *"Very good presentation and awareness"*
5. *"Very knowledgeable. I have 2 teenage daughters and a 20-year-old son new to the army. Good information"*
6. *"As an occupational therapist at UT, we do depression screens on stroke patients that ask about suicidal ideation. I don't do these screens on other patients, but I'm more likely to now"*
7. *"Presentation very on point. Presenter very knowledgeable. Very "Real" presentation. Direct. Very informative."*

#### Lessons Learned:

1. Facility conditions including audio and visual were excellent.
2. Over 60% of attendees were on their lunch break.
3. Not enough time to interact after session. Almost everyone had to get back to work.
4. Role playing, videos and "13 Reasons Why" discussion well received.
5. Reviewed "We Honor Vets" program with Case Manager. Vet to Vet Tennessee agreed to support UT's hospice care program.

The next QPR training is schedule at Cornerstone of Recovery on June 29, 2017 in Knoxville, TN.



**Knoxville Regional Veterans Mental Health Council**

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